



## The following Sports & After School Enrichments will be offered this winter season

### LOWER SCHOOL: Grades K-5

#### **Mondays:**

- **Imagination Unleashed with ArtHaus for Gr K-5 (3-4:30 p.m.):** Ignite your child's passion for art with an immersive journey through the styles and techniques of legendary painters in our art enrichment class.

#### **Tuesdays:**

- **Extreme Animals with Little Scholars for Gr K-2 (3-4 p.m.):** Prepared to be amazed by the wonders of the natural world! Your child will uncover the identity of the most dangerous animals on Earth, dive into the bizarre adaptations of the weirdest creatures, and investigate the unique abilities of animals resistant to venom. They will also develop essential science and language skills through hands-on learning!

#### **Wednesdays:**

- **Gadgets, Gizmos, Pressure, and Precipitation with Bricks 4 Kidz for Gr 1-5 (3-4 p.m.):** Dive into the captivating world of weather engineering! In this interactive class, students will harness their creativity to construct incredible devices that mimic nature's most impressive phenomena, from a spinning top that dazzles the eyes to a simulated tornado that swirls to life.

#### **Thursdays:**

- **Ping Pong with Pro Skills for Gr 3-5 (3-4:30 p.m.):** Whether you're a complete beginner or a seasoned player, our Ping Pong Enrichment will help your child unlock their true potential and take your game to new heights. Get ready to dominate the table tennis court!

#### **Fridays:**

- **Dance Explorations with SPARC for Gr K-2 (3-4 p.m.):** Experience the thrill of dance with SPARC this semester! This is your chance to witness the magic of SPARC on campus, bringing energy and artistry to our community. (SPARC is one of the nation's most comprehensive, community-based youth performing arts education organizations. SPARC provides an atmosphere where creative expression flourishes, meaningful connections are built, and individuality is celebrated.)

### **SMBA Intramural Basketball (Co-Ed) for grades 4-6**

- St. Michael's Basketball Association (SMBA) intramural basketball is offered to Grades 4-6.
- A longstanding St M tradition, our SMBA basketball teams are co-ed and foster cross-grade and community relationships. St M alumni eagerly return each year and coach. Our students and families cheer and celebrate the sportsmanship, hard work, and efforts of all of the teams.

### MIDDLE SCHOOL: Grades 6-8

- **Interscholastic Swimming**
- **Interscholastic Basketball (Tryouts take place the week of November 11)**
- **SMBA Intramural Basketball (Co-Ed, for Gr 4-6, see description above)**